

Regio C Beringen: Session: 1: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 14:43	
Heat: 4/6 Lane : 2 Athlete: HAVERBEKE TUUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 3: 50M BACKSTROKE MIXED 10-9							Heat:1, starttime: 14:54	
Heat: 1/2 Lane : 3 Athlete: DAENS NORE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M						
PB		no time						
	no time							
								

Coach feedback:

Event number: 3: 50M BACKSTROKE MIXED 10-9							Heat:1, starttime: 14:54	
Heat: 1/2 Lane : 4 Athlete: MEYLAERS ZOë							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M						
PB		no time						
	no time							
								

Coach feedback:

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Event number: 3: 50M BACKSTROKE MIXED 10-9				Heat:2, starttime: 14:56
Heat: 2/2 Lane : 2 Athlete: PEETEN FINN				Q-time: 00:59:31
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 4: 100M MEDLEY MIXED 10-10					Heat:3, starttime: 15:02
Heat: 3/3 Lane : 3 Athlete: BOLLEN CLEO					Q-time: 01:38:08
PB (25m pool): 01:38.08 Hasselt 12/10/2025		PB (50m pool): no time SB: 01:38.08 Hasselt 12/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.76		01:38.08	
	00:47.76		00:50.32		
					

Coach feedback:

Event number: 4: 100M MEDLEY MIXED 10-10					Heat:3, starttime: 15:02
Heat: 3/3 Lane : 7 Athlete: NACKAERTS LYNN					Q-time: 01:46:74
PB (25m pool): 01:46.74 Hasselt 12/10/2025		PB (50m pool): no time SB: 01:46.74 Hasselt 12/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.00		01:46.74	
	00:55.00		00:51.74		
					

Coach feedback:

Event number: 8: 50M FREESTYLE MEN 11+				Heat:3, starttime: 15:54
Heat: 3/6 Lane : 1 Athlete: HAVERBEKE TUUR				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

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Event number: 9: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 16:02
Heat: 2/4 Lane : 2 Athlete: MEYLAERS ZOë					Q-time: 02:00:15
PB (25m pool): 02:00.15 Pelt 05/10/2025					PB (50m pool): 01:58.29 SB: 02:00.15 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.80		02:00.15	
	00:53.80		01:06.35		
					

Coach feedback:

Event number: 9: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 16:02
Heat: 2/4 Lane : 3 Athlete: DAENS NORE					Q-time: 01:49:34
PB (25m pool): 01:49.34 Pelt 05/10/2025					PB (50m pool): 01:42.84 SB: 01:49.34 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.78		01:49.34	
	00:50.78		00:58.56		
					

Coach feedback:

Event number: 9: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 16:02
Heat: 2/4 Lane : 8 Athlete: PEETEN FINN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:04
Heat: 3/4 Lane : 5 Athlete: NACKAERTS LYNN					Q-time: 01:31:21
PB (25m pool): 01:31.21 Pelt 05/10/2025					PB (50m pool): 01:30.71 SB: 01:31.21 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.04		01:31.21	
	00:43.04		00:48.17		
					

Coach feedback:

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Event number: 9: 100M FREESTYLE MIXED 10-9				Heat:4, starttime: 16:06	
Heat: 4/4 Lane : 1 Athlete: BOLLEN CLEO				Q-time: 01:28:63	
PB (25m pool): 01:28.63 Beringen 16/03/2025				PB (50m pool): 01:27.56 SB: 01:29.22 Pelt 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.49		01:28.63	
	00:43.49		00:45.14		
					

Coach feedback: